

Community Resources: Low-Cost or Free Mental Health & Other Services



COLORADO
State Employee Assistance
Program
CSEAP

General Resources/Basic Needs

<https://www.211colorado.org/>

Mental Health Resources

24/7 Crisis Counseling Services

<https://coloradocrisisservices.org>

General Counseling Services

<https://psychology.du.edu/clinics/professional-psychology-clinic>

<https://psychology.du.edu/clinics/trauma-disaster-recovery-clinic>

<https://caahealth.org/programs-and-services/>

<https://www.apdc.org/services>

<https://www.dihfs.org/behavioral.html>

<https://www.ucdenver.edu/counseling-center/community-members>

<https://denverfamilyinstitute.org/>

<https://www.regis.edu/about/regis-in-the-community/center-for-counseling-family-therapy>

Referral Listings

<https://www.mentalhealthcolorado.org/free-resources/>

<https://www.samhsa.gov/sites/default/files/bh-resources-for-veterans-11012019.pdf>